

Sweet Sundays is the best frozen yogurt shop in South San Jose. Located in the Playa Del Rey shopping center, on Blossom Hill and Santa Teresa, there couldn't be a better place to hang out and eat a sweet treat. At 35 cents an ounce, you can't go wrong.

When I went in, I was pleasantly surprised by the music on the stereo. No elevator music, no annoying rap songs, but pleasant pop radio songs. The young girl that was working behind the counter greeted me cheerily when I walked in. She immediately asked if I needed any help, or wanted a sample. The whole vibe of the shop is cheery and happy.

Their menu is ever changing, but they always have a few standard flavors: original tart, chocolate, and vanilla yogurt. Along with those they have their awesome and crazy rotating flavors, such as apple tart, pomegranate tart, Oreo cheesecake, snickerdoodle, and my favorite, red velvet.

Their toppings seem endless. They have a variety of fun sprinkles, many chocolate bars, loads of yummy fresh fruit, and more.

If you're unsure of what flavor to choose, just ask an employee for a sample. Otherwise, you can't go wrong with their original tart flavor. It's the perfect blend of sweet and tart for a cool treat. I love combining it with their always fresh strawberries and chocolate chips.